




Samp, tomato, red onion and herb salad

An inexpensive braai salad that you can dress up or down.

 Less than 30 minutes **Serves:** 6

Recipe Type: Salads

Ingredients

Main Ingredients

500 grams samp
.....
1 bunch bunch spring onions,
chopped
.....
80 ml PnP chopped dill
.....
80 ml PnP chopped mint
.....
350 grams PnP mixed cocktail
tomatoes
.....
1 glug white balsamic vinegar, for
dressing
.....
1 glug PnP Finest extra-virgin olive oil,
for dressing
.....
1 pinch PnP salt
.....
2 avocado or canola oil, diced
.....

Method

- Cook samp according to packet instructions. Drain.
- Toss warm samp with spring onions, herbs, tomatoes, balsamic vinegar and olive oil and season well.
- Cool and allow flavours to develop.
- Toss through avocado just before serving.

Recommended Wine:

Orange River Cellars cabernet
sauvignon